

# *Sts. Peter & Paul, Apostles*

*I will give you the keys to  
the kingdom of heaven.*

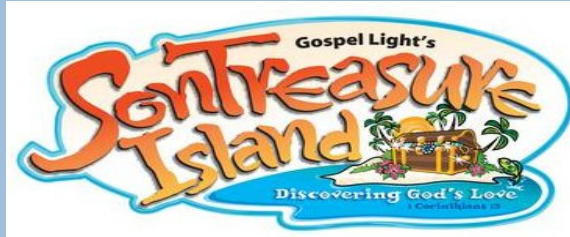
Matthew 16:19

*From now on the crown of  
righteousness awaits me.*

2 Timothy 4:8

## SAINT FRANCIS DE SALES PARISH

195 West 13th Street . Holland, MI 49423  
[www.stfranchisholland.org](http://www.stfranchisholland.org)



## VACATION BIBLE SCHOOL ESCUELA DE BIBLIA DE VERANO

**READY FOR FUN AND ADVENTURE IN AN ISLAND?  
¿LISTOS PARA DIVERTIRSE EN ESTA GRAN AVENTURA EN  
UNA ISLA?**

**July ~~ Julio  
14-18**

**9:00 a.m. - 12:00 p.m.**

**5 years-5th Grade (completed) ~~5 años-5th Grado (completado)**

**Registration in Parish office  
Registraciones en la oficina de la Parroquia**

### Weekend Masses

Saturday 5:00 p.m. (Bi-lingual)  
Sunday 8:30 a.m. & 10:30 a.m.  
Sunday 12:30 p.m. (Spanish)

### Daily Masses

Monday 12:10 p.m.  
Tuesday 9:00 a.m.  
Wednesday 6:00 p.m. (Spanish)  
Thursday 12:10 p.m.

### Sacrament of Reconciliation

Confessions Saturday 4:00p.m.  
First Fridays Noon to 1:00p.m.

### Nursery

Sunday 12:30 Spanish

Our office will be closed **July 4**

### Phone Numbers

Office: 616-392-6700  
St. Vincent: 616-394-0676  
Rectory: 616-392-3985  
Fax: 616-392-2724

### Office Hours

Monday - Thurs  
8:30 a.m. to 6:00 p.m.  
Friday 8:30 a.m. to 5 p.m.

# What's Happening @ St. Francis



2015 Quinceañera dates are now available. Please call the office for more information.  
*Misas de Quinceañeras para el 2015 ya están disponibles. Favor de llamar a la oficina para más información.*

Tickets for the Holland Catholic Community Auction with a Twist will be sold after the Sunday Masses today. Cash, checks and credit card payments will be accepted. Also, tickets are available online at [www.stfranchisholland.org](http://www.stfranchisholland.org).



*Se venderán boletos después de la Misa del 29 de Junio para la Subasta con Distinción de la Comunidad Católica de Holland. Se acepta dinero en efectivo y tarjetas de crédito. También puede comprar boletos en nuestro sitio web [www.stfranchisholland.org](http://www.stfranchisholland.org).*



First Friday Confessions will be held on July 11 from 12-1 pm due to the 4th of July Holiday.  
 Por motivo del día festivo las confesiones del primer viernes del mes serán hasta el 11 de julio

Our offices will be closed Friday, July 4 in observance of the holiday. Have a safe and blessed 4th!



Las oficinas parroquiales estarán cerradas el Viernes 4 de Julio en honor al Día de la Independencia.  
 ¡Que tenga un 4 de Julio muy seguro y bendecido!

## Mass Intentions Peticiones de Misa

### Sunday/Domingo, June 29, 2014

- 8:30 am † Romana Vargas—*Montez family*
- 10:30 am † Roger Thompson—*Dolores Byrne*
- 12:30 pm † Albeza Campos—*Alfredo Campos*

### Monday/Lunes, June 30, 2014

- 12:10 pm † Felipe Sanchez-Campos—*nephew*

### Tuesday/Martes, July 1, 2014

- 9:00 am † Fisher/Keegin families— *Hampson family*

### Wednesday/Miércoles, July 2, 2014

- 6:00 pm † Avilio Longoria—*Maria Ybarra*

### Thursday/Jueves, July 3, 2014

- 12:10 pm For the people

### Saturday/Sábado, July 5, 2014

- 5:00 pm † Benito Benavides Jr.—*Benavides family*

### Sunday/Domingo, July 6, 2014

- 8:30 am † Espiridion Lira—*Montez family*
- 10:30 am † Bob, Mark & Fred Byrne—*Dolores Byrne*
- 12:30 pm † Lauriano Q. Antunez—*familia*

## CSA Update Campaña de Servicios Católicos

Thank you to all who have returned your pledge cards for the 2014 Catholic Services Appeal. We have received pledge cards from 237 families, and our pledges total \$102,560. With this great progress so far, surely we can reach and even exceed our goal of \$116,343!

A portion of our CSA gifts help support works of charity and formation for our neighbors in Latin America. Many of our sister churches in Latin America are desperately poor and greatly benefit from the assistance we are able to provide. Vital Christian service and administration of the sacraments to millions of our Latino brothers and sisters are accomplished through our help.

*Gracias a todas las familias que han regresado su tarjeta de compromiso para la Campaña de Servicios Católicos 2014. Hemos recibido las tarjetas de compromiso de 237 familias, y nuestro compromiso ya suma un total de \$102,560. Con este gran progreso, seguramente podemos alcanzar y hasta exceder nuestra meta de \$116,343.*

*Su donación para CSA apoya los programas de caridad y de formación para nuestros hermanos en América Latina. Muchas de nuestras parroquias hermanas en América Latina son muy pobres y se benefician mucho con la ayuda que nosotros les podemos proporcionar. Servicios cristianos muy importantes y la distribución de los sacramentos a millones de nuestros hermanos y hermanas Latinos se hacen posible a través de nuestras contribuciones.*



Find us on facebook.  
 Visit [www.facebook.com/sfdsholland](http://www.facebook.com/sfdsholland).  
 Visítenos en facebook  
[www.facebook.com/sfdsholland](http://www.facebook.com/sfdsholland).

## Scripture Readings for the Week

- 06/30 Am 2:6-10, 13-16; Mt 8:18-22
- 07/01 Am 3:1-8, 4:11-12; Mt 8:23-27
- 07/02 Am 5:14-15, 21-24; Mt 8:28-34
- 07/03 Eph 2:19-22; Jn 20:24-29
- 07/04 Am 8:4-16, 9-12; Mt 9:9-13
- 07/05 Am 9:11-15; Mt 9:14-17
- 07/06 Zec 9:9-10; Rom 8:9, 11-13; Mt 11:25-30

## Lecturas Bíblicas de la Semana

- 06/30 Am 2:6-10, 13-16; Mt 8:18-22
- 07/01 Am 3:1-8, 4:11-12; Mt 8:23-27
- 07/02 Am 5:14-15, 21-24; Mt 8:28-34
- 07/03 Ef 2:19-22; Jn 20:24-29
- 07/04 Am 8:4-16, 9-12; Mt 9:9-13
- 07/05 Am 9:11-15; Mt 9:14-17
- 07/06 Za 9:9-10; Rom 8:9, 11-13; Mt 11:25-30

# Outreach / Fe y Justicia



## St. Vincent Center Centro San Vicente

**Center hours:**  
3 to 8 p.m. Monday and Wednesdays  
12 to 4 p.m. on Saturdays.

**Horario:**  
Lunes y Miércoles de 3 a 8 p.m.  
Sábados de 12 a 4 p.m.

**St. Vincent donation container** If you are looking for our container you will find it around the corner by the coat racks. We are enjoying a new and welcoming gathering space!

**Contenedor del Centro San Vicente:** Si busca nuestro contenedor de donaciones, lo encontrará cerca de donde están los ganchos para los abrigos. ¡Ahora estamos disfrutando ya de un atrio mas acogedor!



If you take communion to the hospital, nursing home, or to a homebound member of our parish, there will be a day of reflection and sharing for you. It will take place on July 12, from 10 a.m. to 2 p.m. at St. Francis de Sales. This will be a retreat for you with the theme "A Spirituality of Encounter." Please contact pastoral associate Tom Eggleston with questions or to RSVP at 392-6700 x104 or teggleston@stfrancisholland.org.

*Si usted lleva la comunión al hospital, el asilo de ancianos, o a un miembro de nuestra parroquia que no pueda salir de casa, le invitamos a un día de reflexión y de compartir experiencias. Tendrá lugar el 12 de Julio de 10 a.m. a las 2 p.m. en San Francisco de Sales. Sera un retiro con el tema "Un Encuentro Espiritual." Para mas información llame por favor a Tom Eggleston al 392-6700 ext. 104.*

### Bridge Card Holders

Attention, Bridge Card holders: Double Up Food Bucks is back at your area's farmers' markets. When you use your Bridge Card at the Holland Farmers' Market, the Double Up Food Bucks program will match you dollar for dollar with bonus funds – up to \$20 that you can use in the market to buy more fresh, Michigan grown fruits and vegetables.

### Immigration Legal Services

The Diocese of Grand Rapids Immigration Legal Services program accepts new clients, only after an initial consultation to determine eligibility. If interested call for an appointment @ (616) 551-4746. Information brochures are available in the kiosk in the gathering space.

### Habitat for Humanity

St. Francis will once again be part of a church unity build to provide a home for a family. If you can give some of your 'talent and time' and missed our sign-up, call Tom @ 616 396-1367. This project began on Monday, June 16 and will continue all summer. If there is any way you are able to assist, please consider being part of this project



## Infant Baptism - Bautismos de Infantes

Baptismal Preparation Class:  
July 1, 2014 from 5:45 p.m. — 8:30 p.m.  
Próxima sesión de preparación  
bautismal: 1 de julio de  
5:45 p.m. — 8:30 p.m.



## To Your Health

Martha Kuyten, Parish Nurse

Since its inception in 1979, The Skin Cancer Foundation has always recommended using a sunscreen with an SPF 15 or higher as one important part of a complete sun protection regimen. Sunscreen alone is not enough. Read our full list of skin cancer prevention tips. Seek the shade, especially between 10 a.m. and 4 p.m. Do not burn. Avoid tanning and UV tanning booths. Cover up with clothing, including a broad-brimmed hat and UV-blocking sunglasses. Use a broad spectrum (UVA/UVB) sunscreen with an SPF of 15 or higher every day. For extended outdoor activity, use a water-resistant, broad spectrum (UVA/UVB) sunscreen with an SPF of 30 or higher. Apply 1 ounce (2 tablespoons) of sunscreen to your entire body 30 minutes before going outside. Reapply every two hours or immediately after swimming or excessive sweating. Keep newborns out of the sun. Sunscreens should be used on babies over the age of six months.

Examine your skin head-to-toe every month and see your physician every year for a professional skin exam. It's estimated that we get -- or should get -- more than 90 percent of our vitamin D from casual, daily sun exposure. Let's figure out what casual, daily sun exposure means. Some studies have found that between 5 and 30 minutes of sun exposure to your unprotected face, arms, legs or back between the hours of 10 a.m. and 3 p.m. two to three times every week is enough for your body to produce all the D3 it needs.

## A su Salud

Martha Kuyten, Enfermera  
de la Parroquia



*Desde su nacimiento en 1979, la Fundación para el Cáncer de la Piel siempre ha recomendado el uso de productos de protección contra el sol con un SPF 15 o mayor como una parte importante de un régimen completo de protección. No es suficiente el usar solamente el protector solar. Lea esta lista de sugerencias para prevenir el cáncer de la piel. Busque la sombra, especialmente durante las horas de 10 a.m. y 4 p.m. No se queme. Evite el broncearse y el uso de maquinas bronceadoras UV. Cúbrase bien con su ropa incluyendo el uso de un sombrero ancho y lentes contra el sol que puedan bloquear los rayos UV. Use un protector solar (UVA/UVB) con un SPF de 15 o mayor todos los días. Cuando este por mucho tiempo expuesto al sol, use un protector solar que resista el agua con un SPF de 30 o mayor. Aplíquese una onza (2 cucharadas) de protector solar en todo el cuerpo 30 minutos antes de salir. Aplíquelo otra vez cada 2 horas o inmediatamente después de nadar o cuando suda excesivamente. Mantenga a los recién nacidos fuera del sol. Se debe de usar el protector solar en bebés mayores de seis meses.*

*Examínese su piel desde los pies hasta la cabeza cada mes y vea a su doctor cada año para un examen profesional de su piel. Se estima que recibimos --o debemos de recibir-- mas del 90% de nuestra vitamina D cuando nos exponemos normalmente al sol cada día. Vamos viendo lo que quiere decir exposición normal diaria al sol. Algunos estudios han encontrado que entre 5 y 30 minutos expuestos al sol sin ninguna protección en su cara, sus brazos, sus piernas o su espalda entre 10 a.m. y 3 p.m. dos o tres veces cada semana es suficiente para que su cuerpo produzca todo el D3 que necesita.*

# Community / Comunidad



Providing Help. Creating Hope.

[www.ccwestmi.org](http://www.ccwestmi.org)

Marriage, relationship and family counseling are available through Catholic Charities West Michigan's Behavioral Health Department. Call us toll free at 1-877-359-6523 to gather more information about our counseling services or to make an appointment with one of our highly qualified counselors. CCWM will provide you with a safe and confidential opportunity to address your pain to find hope and healing.

Puede obtener consejería para relaciones de matrimonio o de familia a través del Departamento de Salud Mental de las Caridades Católicas del Oeste de Michigan. Para mas información acerca de nuestros servicios de consejería o para hacer una cita con nuestros consejeros, llámenos gratis al 1-877-359-6523. CCWM le proporcionará una oportunidad para discutir su dolor de una manera confidencial y para encontrar esperanza y sanación.



Diocesan Publications, the provider of this bulletin, is looking to expand their sales department. The right candidate for this position would be a self-motivated individual with strong communication skills. Travel is required for this position. To learn more and to apply please visit [www.diocesan.com/jobs](http://www.diocesan.com/jobs)



*Happy Birthday  
Martha Kuyten*

This space is available for your special celebration. (birthday anniversary, congratulations on a new baby, etc). Only 1 spot available per week. Must be submitted 2 weeks in advance. Call the office for details!

*Este espacio está disponible para su celebración especial. (Cumpleaños, aniversarios, nuevo bebé, etc.) Solamente habrá un lugar disponible por semana. Su anuncio debe de ser entregado con 2 semanas de anticipación. Para mas detalles llame a la oficina.*



**SAVE THE DATE:**  
St. Francis & Third Reformed  
Annual Pig Roast/Picnic  
Tuesday, August 26

**RESERVE ESTA FECHA:**  
*Tardeada Anual de San Francisco de Sales y  
la Iglesia Tercera Reformada*  
Martes, 26 de Agosto



**Letter Writing: St Paul did it and Jimmy Fallon Still Does!**  
Wednesdays, July 16 & 23, 7-9pm  
Presented by Fr. John Geaney, CSP  
\$10 donation requested  
In this age of texting, instagrams and Facebook, it is wonderful to see someone like Jimmy Fallon sit at a desk and handwrite letters on national TV. Jimmy is in good company! Most of St Paul's writings were in the form of letters preserved in the Bible. His letters were written to the people he met on his missionary journeys to places like Rome, Phillipi and Galatia. Fr. Geaney will discuss why St Paul was writing, who was he really writing to, and how his letters continue to be relevant in the 21<sup>st</sup> century. *CFD: Theology/Scripture*  
Program live streamed at [www.catholicinformationcenter.org](http://www.catholicinformationcenter.org) To register go to [register@catholicinformationcenter.org](mailto:register@catholicinformationcenter.org) or call (616) 459-7267

## Kids Corner

# 4th JULY



**ACROSS**

- Before becoming states
- Colonists threw in Boston Harbor
- Colonial Army leader
- Bands march in them
- No tyranny or oppression
- British and Colonist war
- Another name for British

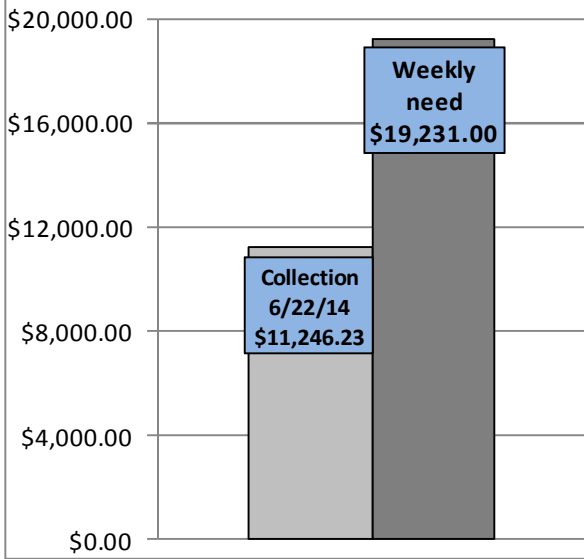
**DOWN**

- USA birthday month
- Tea Party harbor
- Loyal to their country
- Betsy Ross made one
- Colonists who fought
- Citizen of USA
- Right to make choices

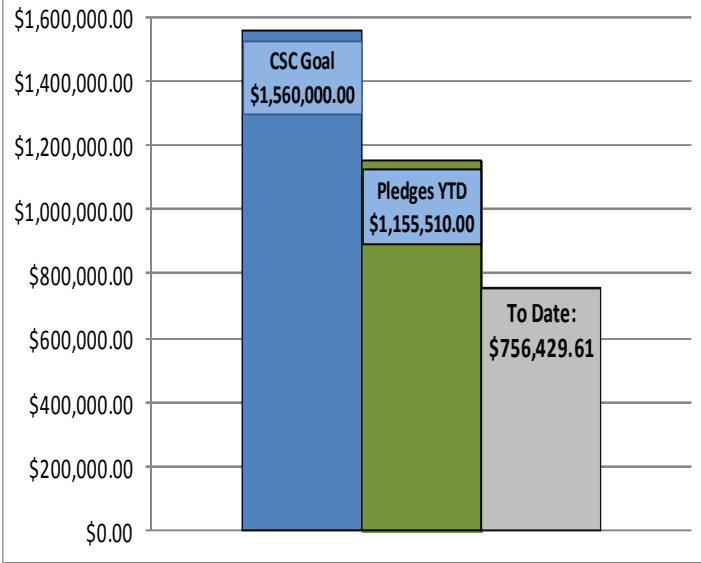
Answers Across: (5) Colonial (6) Tea (7) Washington (8) Patriots (9) Pledges (12) Liberty (13) Revolution (14) Redcoats) Down (1) July (2) Boston (3) Patriots (4) Flag (8) Minutemen (10) American (11) Freedom

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**GIFTS OF TREASURE**



**GROWING OUR FAITH CAPITAL CAMPAIGN**



Diocese Catholic Service Appeal

CSA Goal **\$116,343.00**

Pledges YTD **\$102,560.44**

Weekly Tithe \$175.00:  
**Center for Women in Transition**