

# 1<sup>ST</sup> SUNDAY OF LENT

## ST. FRANCIS DE SALES PARISH

195 West 13th Street . Holland, MI 49423

[www.stfrancisholland.org](http://www.stfrancisholland.org)

### Our Parish Mission Statement

*We, the people of St. Francis de Sales Catholic Church, are a pilgrim people, a people on a journey. We struggle to live out the gospel in the context of our parish and our community while we travel together the path to the kingdom of God.*

*We respect the beliefs and traditions of other Christian churches, and we strive to cooperate with them in serving those in our community. We are to be a people of hospitality toward vacationers, college students and seasonal laborers, making a special effort to help them feel welcome among us.*

*We believe the various cultures within our community are gifts from God, and rather than assimilate them, we seek to be enriched by them. We accept one another and our different backgrounds while at the same time recognizing we are indeed a common Christian family.*

*Whether cooperating with other Christian churches of the community of Holland, welcoming visitors and seasonal laborers, or accepting one another within our own parish community, we seek the unity that God wills, for we share "one Lord, one faith, one baptism; one God and Father of all, who is over all, and works through all, and is in all." (Ephesians 4:5-6)*

*He remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to Him.*

*Mark 1:13*

### Pastoral Staff

Rev. Charles Brown, Pastor 616-392-6700  
Ext. 106  
Rev. James VanderLaan, Associate Pastor Ext. 116  
Sr. Pat Lamb, R.S.M., Immigration Assistance Ext. 115  
Sr. Noella Poinsette Outreach/ Social Justice Ext. 114  
Tom Eggleston, Pastoral Associate Ext. 104  
Fr. Fred Hoesli, O.P. 616-335-9302  
Deacon Edwin Gonzalez Ext. 101

### Administration Staff

Elvia Dominguez, Office Manager Ext. 124  
Emily Alba, Administrative Assistant Ext. 109  
Francisca Flores, Accountant/Bookkeeper Ext. 102  
Connie Ayling, Receptionist Ext. 101  
Jason Heydens, Maintenance 616-499-1166

### Music & Liturgy

Phillip Konczyk, Director Ext. 117

### Parish Nurse

Martha Kuyten, Parish Nurse 616-392-6700

### Family & Adult Faith Formation

Ricardo Valdez, Director Ext. 111  
Guillermo Flores, Bilingual Coordinator Ext. 110  
Kevin Hilgert, Director of Youth Ministry Ext. 108

### Evangelization and Stewardship

Brian Piecuch Ext. 119

### Weekend Masses

Saturday 5:00 p.m. (Bi-lingual)  
Sunday 8:30 a.m. & 10:30 a.m.  
Sunday 12:30 p.m. (Spanish)

### Daily Masses

Monday 12:10 p.m.  
Tuesday 9:00 a.m.  
Wednesday 6:00 p.m. (Spanish)  
Thursday 12:10 p.m.

### Sacrament of Reconciliation

Confessions Saturday 4:00 p.m.  
First Fridays Noon to 1:00 p.m.

### Office Hours

Monday - Thurs  
8:30 a.m. to 6:00 p.m.  
Friday 8:30 a.m. to 5:00 p.m.

**Corpus Christi School** 616-994-9864  
**St. Vincent de Paul** 616-394-0676  
**Rectory** 616-392-3985  
**Fax** 616-392-2474

## What's happening around our neighborhood

LENT

### Little Lenten Books

The little books with Lenten reflections are for sale at the parish office. The price is \$1 each. They are available in English, Spanish & Children's edition.

We also have Daily Missals on sale for 50% off @ the office

### Libritos de Cuaresma

*Los libritos de Cuaresma están a la venta en la oficina de la parroquia. El costo es de \$1 c/u. Están disponible en Ingles, Español y edición para niños.*

### Pope Francis visits America 2015 World Meeting of Families Love is our Mission: The Family Fully Alive Sept. 21-28 Archdiocese of Philadelphia

Visit [www.dioceseofgrandrapids.org](http://www.dioceseofgrandrapids.org) or [www.worldmeeting2015.org](http://www.worldmeeting2015.org) for complete detail on attending this event.

**Online Registration:** Registration is available through the World Meeting of Families website at:

<http://www.worldmeeting2015.org/plan-your-visit/register/>.

Online registration is now open for the World Meeting of Families Congress in Philadelphia Sept. 22-27, 2015. Held every three years since its inception by Saint John Paul II in 1994, the World Meeting of Families (WMF) has grown to be the largest Catholic gathering of families in the world. The 2015 Congress will be hosted by the Archdiocese of Philadelphia.

## Jobs @ the Diocese of GR

The Diocese of Grand Rapids is looking for a few good people to fill positions at their Grand Rapids office. They are:

- **Admissions Advocate**
  - **Receptionist**
- **Business/Central Services Manager  
Catholic Secondary Schools**

Please visit the website below for complete details:  
<http://www.dioceseofgrandrapids.org/diocese/Employment/Pages/Employment.aspx>

## Sacrament of Reconciliation

Every Saturday at 4:00 p.m. and from 6 to 6:30 p.m.

Friday, March 6 from Noon to 1 p.m.

Saturday, March 7 from 11 a.m. to Noon

Wednesday, March 18 from 6:45 to 8:30 p.m.

Wednesday, March 25 from 6:45 to 8:30 p.m.

Thursday, March 26 from 3:00 to 4:30 p.m.

Friday, March 27 from Noon to 1 p.m.

Saturday, March 28 from 11 a.m. to Noon

## Sacramento de Reconciliación

*Sábados a las 4:00 p.m. y 6:00 a 6:30 p.m.*

*Viernes, 6 de marzo de 12:00 a 1:00 p.m.*

*Sábado 7 de marzo de 11:00 a.m. a 12:00 p.m.*

*Miércoles, 18 de marzo de 6:45 a 8:30 p.m.*

*Miércoles, 25 de marzo de 6:45 a 8:30 p.m.*

*Jueves, 26 de marzo de 3:00 a 4:30 p.m.*

*Viernes, 27 de marzo de 12:00 a 1:00 p.m.*

*Sábado 28 de marzo de 11:00 a.m. a 12:00 p.m.*

## Mass Intentions/ Intenciones de Misa

### Sunday/Domingo, February 22, 2015

8:30 am † Leandro Montes—*Ramona Montes*

10:30 am † Maria Arenas—*children*

12:30 pm † Jesus y Brandon Ignacio—*familia*

### Monday/Lunes, February 23, 2015

12:10 pm † Patti Ann Tuck—*Forever Young Group*

### Tuesday/Martes, February 24, 2015

9:00 am For the People

### Wednesday/Miércoles, February 25, 2015

6:00 p.m. † Juan Jose Pardo—*familia Pardo*

### Thursday/Jueves, February 26, 2015

12:10 pm For the People

### Saturday/Sábado, February 28, 2015

5:00 pm † Maria Vu—*Tran-Le family*

### Sunday/Domingo, March 1, 2015

8:30 am † Joseph Phan—*Le family*

10:30 am For the People

12:30 pm † Miguel Arizmendi—*Mike & Karen Arizmendi*

## Scripture Readings for the Week

02/23	Lv 19:1-2, 11-18; Mt 25:31-46
02/24	Is 55:10-11; Mt 6:7-15
02/25	Jon 3:1-10; Lk 11:29-32
02/26	Est C:12, 14-16, 23-25; Mt 7:7-12
02/27	Ez 18:21-28; Mt 5:20-26
02/28	Dt 26:16-19; Mt 5:43-48
03/01	Gn 22:1-2, 9a, 10-13, 15-18; Rom 8:31b-34; Mk 9:2-10

## Lecturas Bíblicas de la Semana

02/23	Lev 19:1-2, 11-18; Mt 25:31-46
02/24	Is 55:10-11; Mt 6:7-15
02/25	Jon 3:1-10; Lc 11:29-32
02/26	Est C:12, 14-16, 23-25; Mt 7:7-12
02/27	Ez 18:21-28; Mt 5:20-26
02/28	Deut 26:16-19; Mt 5:43-48
03/01	Gén 22:1-2, 9a, 10-13, 15-18; Rom 8:31b-34; Mc 9:2-10



## Outreach / Fe y Justicia

**ST VINCENT de PAUL CENTER:** Donations of flour, sugar, and canola oil would be good this week. The Center is located at 13<sup>th</sup> and Maple. Hours are Monday & Wednesday 3-8pm and Saturday noon – 4pm.

**CENTRO San Vicente de Paúl:** Esta semana agradecemos sus donaciones de **harina, azúcar, y aceite de canola.** El Centro se localiza en la esquina de las calles 13 y Maple. Las horas de operación son los lunes y miércoles de 3 a 8:00 pm, y los sábados de las 12 del mediodía a las 4:00 pm.



**RICE BOWLS:** Rice bowls are available today in church. Join more than 13,000 Catholic communities across the US in a life changing Lenten journey. See more info on parish web site. Go to [crsricebowl.org](http://crsricebowl.org) to download their app!

**PLATOS DE ARROZ:** Los platos de arroz ya están disponibles hoy en el atrio de la iglesia para las familias que gusten participar; los niños que están yendo al catecismo los recibirán en sus clases. Únase a mas de 13,000 comunidades Católicas de los Estados Unidos en una jornada de Cuaresma que puede transformar su vida. Para mas información visite la pagina web de la parroquia y enlace a [crsricebowl.org](http://crsricebowl.org). El 75% de los fondos recaudados por medio de los Platos de Arroz ayuda a los pobres de otros países y el otro 25% se queda aquí en la diócesis para apoyar a combatir el hambre y para apoyar proyectos de ayuda para los pobres a nivel local.

## Lenten Recipes / Recetas de Cuaresma

### Kid Friendly Tuna Casserole

Approximately ½ package of medium egg noodles, cooked and drained  
1 can of tuna in water, well drained  
2 cans of cream of mushroom or cream of celery soup  
1 empty soup can of milk  
1 -11 oz can of whole kernel corn –or- 8 oz of frozen corn (don't thaw)  
Crushed potato chips or cornflakes

While the noodles are cooking, crush enough potato chips to top the casserole. Make sure the chips are coarsely crushed and not crumbs when you are done. In a mixing bowl, combine all the ingredients and mix well. You may add a little salt and pepper to taste. Pour mixture into a large baking dish or casserole. Top with a thin layer of potato chips so that all the casserole is covered. Bake in a 350 degree oven for 40 to 50 minutes, or until bubbly. [www.CatholicMom.com](http://www.CatholicMom.com)

### Cacerola de Atún que le Gustará a los Niños

Aproximadamente un 1/2 paquete de tallarines medianos, hervidos.  
1 lata de atún enlatado en agua, sáquele toda el agua.  
2 latas de sopa de crema de champiñones o de crema de apio.  
1 lata vacía de la sopa llénela de leche.  
1 lata de 11 onzas de grano de elote u 8 onzas de elote congelado.  
Papitas fritas que estén quebradas o cornflakes.

Mientras que cocina los tallarines, quiebre suficientes papitas fritas para cubrir la cacerola. Asegúrese de que las papitas estén quebradas y no hechas polvo. En un tazón para mezclar, combine todos los ingredientes y mézclelos bien. Puede añadirle sal y pimienta al gusto. Vacíe la mezcla a una cacerola para hornear. Póngale una capa delgada de papitas hasta cubrir toda la cacerola. Cocine en el horno a 350 grados de 40 a 50 minutos, o hasta que haga burbujas.

### To Your Health

Martha Kuyten, Parish Nurse

#### FALLS & HOW TO PREVENT THEM Part 3



- Make an appointment with your doctor to evaluate your medications and health conditions that may be increasing your risk of falls.
- Physical activity can go a long way toward fall prevention. With your doctor's OK, consider activities such as walking, water workouts or tai chi. Your doctor may recommend carefully monitored exercise programs or refer you to a physical therapist.
- Wear sensible shoes - High heels, floppy slippers and shoes with slick soles can make you slip, stumble and fall. So can walking in your stocking feet. Have your feet measured each time you buy shoes, since foot size can change. Buy properly fitting, sturdy shoes with nonskid soles.

### A Su Salud

Martha Kuyten, Enfermera de la Parroquia

#### LAS CAÍDAS Y COMO PREVENIRLAS Parte 3

- Haga una cita con su doctor para evaluar si sus medicamentos y su estado de salud pueden incrementar su riesgo de caerse.
- La actividad física es muy buena para prevenir las caídas. Si su doctor lo aprueba, considere hacer actividades como el caminar, ejercicios en el agua o taichí. Quizás su doctor recomiende un programa de ejercicio o lo mande con un terapeuta físico.
- Use zapatos confortables. Los zapatos de tacones, las sandalias flojas y los zapatos con suelas lisas pueden provocar resbalones, tropezones y caídas. También el caminar en calcetas puede provocar lo mismo. Mídase el pie cada vez que vaya a comprar zapatos, porque la horma del pie puede cambiar. Compre zapatos que le queden bien de la horma, que sean firmes y que tengan suelas que no resbalen.



**Attention Men:**

Sign up to join us for a day of dynamic Catholic men's spiritual development and fellowship at the **10th annual Build a Legacy Catholic Men's Conference**, March 14 at West Catholic High School in Grand Rapids. Featuring an awesome lineup of speakers, including NFL QB Philip Rivers and Fr. Leo Patalinghug, with Mass celebrated by Bishop David Walkowiak. For more info., call Todd at (616) 894-8999 or visit [www.buildingalegacy.org](http://www.buildingalegacy.org).



**Lenten Taizé Prayer Service**

Come join in an ecumenical prayer service in the spirit of Taizé on March 4 at 7 pm in the chapel at St. Francis de Sales.

The Taizé style of prayer incorporates prayers sung in a meditative way. This will be an ecumenical event, so invite friends from other Christian denominations if you like. We hope to see you there!



*Quinceañera* 2015

Dates are set for Quinceañera Celebrations, if you are interested in celebrating your Quinceañera here at St. Francis in 2015. Call the office at 392-6700.

Fechas ya están disponibles para Misas de quinceañeras, si están interesadas en celebrar su quinceañera aquí en la Parroquia de San Francis en el 2015, llame a la oficina al 392-6700.

St. Francis welcomes the newly baptized.

**Dexter Merry & Ethan Perales**

San Francisco de Sales les da la bienvenida a los nuevos bautizados

**Dexter Merry & Ethan Perales**



**Infant Baptism  
Bautismos para Infantes**

The next baptism preparation class will be held on March 3 from 5:45 to 8:30 p.m.

*La Próxima sesión de preparación bautismal:  
3 de marzo, de 5:45 a 8:30 p.m.*

**Corpus Christi News**

Corpus Christi hosted 20 students from students around the area in the Scripps Regional Spelling Bee recently. Congratulations to Catherine LaPorte who finished in 3<sup>rd</sup> place and Sara Asselin who came in 8<sup>th</sup> place. Thank you also to the individuals who helped –

Aimee Vanden Elzen, Analicia Lara, Dominic VandenElzen, Teri Coffin, Sarah Butch, Ken Koster, Dave Mata and Karen Bush – it is appreciated.

The 8<sup>th</sup> grade students participated in State Farm Insurance Essay's Contest – "My Personal Michigan Hero" – winners were:

1st Place:Destiny Gaiser who wrote about her sister.

2nd Place: Kevin Slenk who wrote about his dad.

3rd Place: Jason Slachter who wrote about his step-uncle.

Destiny's essay now moves on to the State level.

Way to go 8<sup>th</sup> grade!!

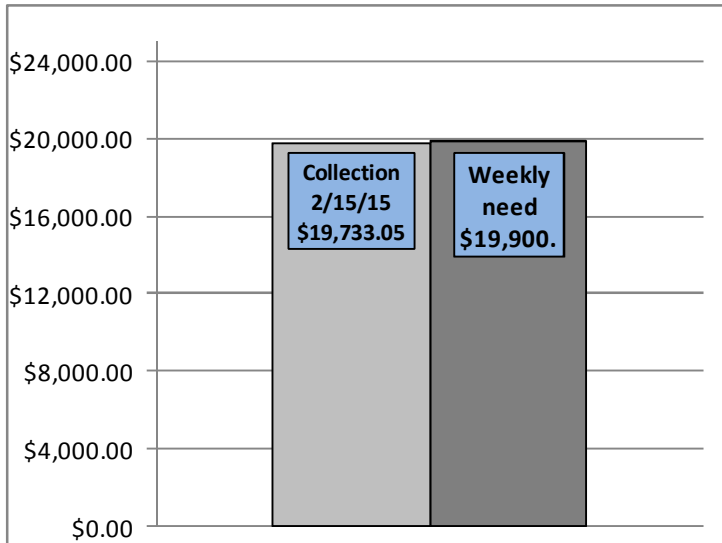
Again, congratulations to all winners.



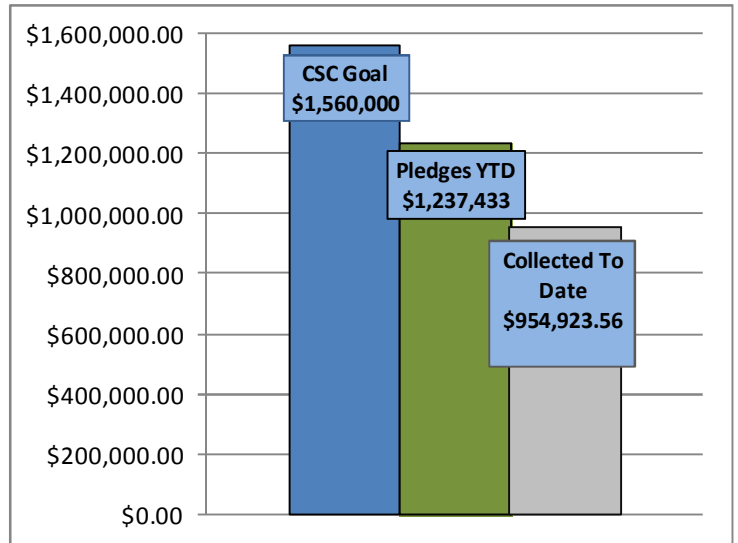
The Corpus Christi Choir sang at Mass at the Cathedral of St. Andrew during Catholic Schools Week recently.

# GIFTS OF TREASURE

**WEEKLY TITHES**



**GROWING OUR FAITH CAPITAL CAMPAIGN**



!!!Thanks to the generosity of those who purchased items and made donations at our Youth Ministry Bake Sale this past weekend, we were able to raise **\$1,651** for our youth who will be participating in a pilgrimage to World Youth Day in Krakow, Poland next Summer. A special thank you to the many parishioners who gave of their talent and treasure to provide the baked goods and other items for this fundraiser !!!

**Weekly Tithe \$175.00: Habitat for Humanity**